

Event 1
19-01-2018 - 11:00

Women, 400m Freestyle

Master Esc A
Results

Rec Nac Esc A 4:46.97 SILVA Carolina Santos CNMAIA Mealhada 26-01-2014

Points: DSV Masters 16

Rank	Nome	YB	Clube	Tempo Final	RT	DSV	Pts Taça
1.	SILVA Raquel Alexandra	91	Leixoes	5:12.64	+0,94	628	30,00
	50m: 34.83 34.83	150m: 1:54.45 39.79	250m: 3:13.49 38.79	350m: 4:33.72 39.88			
	100m: 1:14.66 39.83	200m: 2:34.70 40.25	300m: 3:53.84 40.35	400m: 5:12.64 38.92			
2.	MENDES Ana Rita	91	Geslours	5:21.37	+0,86	579	26,00
	50m: 34.85 34.85	150m: 1:54.95 40.88	250m: 3:18.13 41.79	350m: 4:40.71 41.36			
	100m: 1:14.07 39.22	200m: 2:36.34 41.39	300m: 3:59.35 41.22	400m: 5:21.37 40.66			
3.	SANTOS Carla Sofia	89	Porto	5:22.16	+0,97	574	22,00
	50m: 35.12 35.12	150m: 1:54.51 40.38	250m: 3:18.08 41.82	350m: 4:42.96 42.40			
	100m: 1:14.13 39.01	200m: 2:36.26 41.75	300m: 4:00.56 42.48	400m: 5:22.16 39.20			
4.	MONTEIRO Alexandra Sofia	92	Vila DEste/Gaia	5:24.22	+0,96	563	20,00
	50m: 33.39 33.39	150m: 1:49.95 39.12	250m: 3:14.68 42.87	350m: 4:41.67 44.13			
	100m: 1:10.83 37.44	200m: 2:31.81 41.86	300m: 3:57.54 42.86	400m: 5:24.22 42.55			
5.	SANTOS Miriam Rodrigues	91	Masters de Almada	5:25.86	+0,98	555	19,00
	50m: 35.76 35.76	150m: 1:57.68 41.53	250m: 3:21.02 41.33	350m: 4:45.08 41.98			
	100m: 1:16.15 40.39	200m: 2:39.69 42.01	300m: 4:03.10 42.08	400m: 5:25.86 40.78			
6.	PEREIRA Solange Ramalho	90	Propaganda da Natacao	5:50.86	+0,94	445	18,00
	50m: 38.01 38.01	150m: 2:04.69 44.31	250m: 3:33.83 44.68	350m: 5:05.84 46.09			
	100m: 1:20.38 42.37	200m: 2:49.15 44.46	300m: 4:19.75 45.92	400m: 5:50.86 45.02			
7.	MACHADO Sandra Marisa	93	Pimpoes/Cimai	5:55.30	+1,00	428	17,00
	50m: 41.30 41.30	150m: 2:12.70 45.90	250m: 3:44.80 45.70	350m: 5:14.10 44.40			
	100m: 1:26.80 45.50	200m: 2:59.10 46.40	300m: 4:29.70 44.90	400m: 5:55.30 41.20			

Event 1
19-01-2018 - 11:00

Women, 400m Freestyle

Master Esc B
Results

Rec Nac Esc B 4:27.23 GRILO Ana Paula UDCA Inatel 25-05-2002

Points: DSV Masters 16

Rank	Nome	YB	Clube	Tempo Final	RT	DSV	Pts Taça
1.	MIRANDA Raquel Filipa	85	Foca	5:06.61	+0,94	709	30,00
	50m: 33.90 33.90	150m: 1:49.68 38.66	250m: 3:09.04 39.83	350m: 4:29.08 40.42			
	100m: 1:11.02 37.12	200m: 2:29.21 39.53	300m: 3:48.66 39.62	400m: 5:06.61 37.53			
2.	FOUGO Rita Claudia	88	Natacao da Maia	5:25.94	+0,90	590	26,00
	50m: 35.52 35.52	150m: 1:55.54 40.68	250m: 3:18.36 41.59	350m: 4:43.64 42.84			
	100m: 1:14.86 39.34	200m: 2:36.77 41.23	300m: 4:00.80 42.44	400m: 5:25.94 42.30			
3.	LUCAS Mariana Sa	84	Litoral Alentejano	5:31.24	+0,96	562	22,00
	50m: 35.45 35.45	150m: 1:56.41 41.45	250m: 3:20.62 42.23	350m: 4:47.72 43.83			
	100m: 1:14.96 39.51	200m: 2:38.39 41.98	300m: 4:03.89 43.27	400m: 5:31.24 43.52			
4.	PINTO Rita Loureiro	85	Ginasio Clube	5:50.70	+1,05	474	20,00
	50m: 38.73 38.73	150m: 2:04.55 43.98	250m: 3:35.09 45.54	350m: 5:06.74 45.65			
	100m: 1:20.57 41.84	200m: 2:49.55 45.00	300m: 4:21.09 46.00	400m: 5:50.70 43.96			
5.	MARQUES Patricia Alexandra	87	Salesianos	6:32.60	+0,90	338	19,00
	50m: 44.80 44.80	150m: 2:20.60 48.50	250m: 4:02.30 50.30	350m: 5:43.60 51.70			
	100m: 1:32.10 47.30	200m: 3:12.00 51.40	300m: 4:51.90 49.60	400m: 6:32.60 49.00			

Event 1, Women, 400m Freestyle, Master Esc B

Rank	Nome	YB	Clube	Tempo Final	RT	DSV	Pts Taça
6.	BARBOSA Ana Raquel	88	Gesloures	7:00.70	+0,90	274	18,00
	50m: 43.70 43.70	150m: 2:23.40 51.50	250m: 4:14.40 56.60	350m: 6:06.40 55.50			
	100m: 1:31.90 48.20	200m: 3:17.80 54.40	300m: 5:10.90 56.50	400m: 7:00.70 54.30			

Event 1
19-01-2018 - 11:00
Women, 400m Freestyle
Master Esc C
Results

Rec	Nac	Esc	C	4:30.30	GRILLO Ana Paula	UDCA	Palma Maiorca (ESP)	18-04-2004
Points: DSV Masters 16								

Rank	Nome	YB	Clube	Tempo Final	RT	DSV	Pts Taça
1.	OLIVEIRA Ana Mafalda	81	Natacao da Maia	5:19.14	+0,98	626	30,00
	50m: 35.37 35.37	150m: 1:54.39 40.30	250m: 3:16.05 41.30	350m: 4:38.71 41.50			
	100m: 1:14.09 38.72	200m: 2:34.75 40.36	300m: 3:57.21 41.16	400m: 5:19.14 40.43			
2.	BORBA Thais Filippini	82	Naval de Peniche	5:30.20	+1,06	565	26,00
	50m: 35.98 35.98	150m: 1:56.74 41.22	250m: 3:21.78 42.42	350m: 4:47.86 43.10			
	100m: 1:15.52 39.54	200m: 2:39.36 42.62	300m: 4:04.76 42.98	400m: 5:30.20 42.34			
3.	GUEDES Ana Dalte	80	Leixoes	5:54.32	+1,00	457	22,00
	50m: 39.24 39.24	150m: 2:08.22 45.42	250m: 3:39.71 45.78	350m: 5:10.99 45.81			
	100m: 1:22.80 43.56	200m: 2:53.93 45.71	300m: 4:25.18 45.47	400m: 5:54.32 43.33			
4.	FONSECA Maria Ana	82	Fluvial Portuense	5:58.20	+0,95	443	20,00
	50m: 38.60 38.60	150m: 2:04.71 44.03	250m: 3:36.02 46.27	350m: 5:10.29 47.47			
	100m: 1:20.68 42.08	200m: 2:49.75 45.04	300m: 4:22.82 46.80	400m: 5:58.20 47.91			
5.	LITOMISKA Dominika	80	Naval de Peniche	6:23.76	+1,19	360	19,00
	50m: 40.95 40.95	150m: 2:17.48 49.42	250m: 3:57.44 50.30	350m: 5:37.51 49.77			
	100m: 1:28.06 47.11	200m: 3:07.14 49.66	300m: 4:47.74 50.30	400m: 6:23.76 46.25			
6.	MACHADO Maria Margarida	81	Vila DEste/Gaia	6:54.20	+1,00	286	18,00
	50m: 45.00 45.00	150m: 2:28.90 53.10	250m: 4:14.90 53.10	350m: 6:02.10 53.70			
	100m: 1:35.80 50.80	200m: 3:21.80 52.90	300m: 5:08.40 53.50	400m: 6:54.20 52.10			
	SILVA Ana Rosa	80	Foca	6:54.20	+0,90	286	18,00
	50m: 46.00 46.00	150m: 2:30.30 53.50	250m: 4:17.20 53.70	350m: 6:03.80 53.20			
	100m: 1:36.80 50.80	200m: 3:23.50 53.20	300m: 5:10.60 53.40	400m: 6:54.20 50.40			
8.	MALHEIROS Carmen Silvia	81	Litoral Alentejano	7:11.80	+1,20	253	16,00
	50m: 48.40 48.40	150m: 2:35.90 54.70	250m: 4:26.50 56.20	350m: 6:17.40 55.50			
	100m: 1:41.20 52.80	200m: 3:30.30 54.40	300m: 5:21.90 55.40	400m: 7:11.80 54.40			

Event 1, Women, 400m Freestyle

Event 1
19-01-2018 - 11:00
Women, 400m Freestyle
Master Esc D
Results

Rec Nac Esc D 4:53.84 GRILO Ana Paula INDALEN Fafe 18-06-2011

Points: DSV Masters 16

Rank	Nome	YB	Clube	Tempo Final	RT	DSV	Pts Taça
1.	BARBARA Carla Santa	75	Porto	5:05.11	+0,85	747	30,00
	50m: 32.90 32.90	150m: 1:46.81 38.06	250m: 3:05.65 39.73	350m: 4:26.02 40.55			
	100m: 1:08.75 35.85	200m: 2:25.92 39.11	300m: 3:45.47 39.82	400m: 5:05.11 39.09			
2.	FERNANDES Filipa Cristina	76	Gesloures	5:37.08	+0,76	554	26,00
	50m: 36.62 36.62	150m: 2:00.28 42.87	250m: 3:27.12 43.46	350m: 4:54.53 43.89			
	100m: 1:17.41 40.79	200m: 2:43.66 43.38	300m: 4:10.64 43.52	400m: 5:37.08 42.55			
3.	OLIVEIRA Ana Cristina	76	Galitos / Bresimar	6:14.90	+0,80	403	22,00
	50m: 41.70 41.70	150m: 2:14.40 46.80	250m: 3:51.00 48.60	350m: 5:27.50 47.70			
	100m: 1:27.60 45.90	200m: 3:02.40 48.00	300m: 4:39.80 48.80	400m: 6:14.90 47.40			
4.	FERNANDES Ana Luisa	77	Leixoes	6:42.50	+1,80	325	20,00
	50m: 45.50 45.50	150m: 2:28.20 52.00	250m: 4:09.00 49.80	350m: 5:52.50 51.60			
	100m: 1:36.20 50.70	200m: 3:19.20 51.00	300m: 5:00.90 51.90	400m: 6:42.50 50.00			
5.	SEQUEIRA Carla Sofia	75	Colegio Monte Maior	7:17.80	+0,90	253	19,00
	50m: 49.20 49.20	150m: 2:37.10 54.60	250m: 4:29.50 56.90	350m: 6:23.00 57.20			
	100m: 1:42.50 53.30	200m: 3:32.60 55.50	300m: 5:25.80 56.30	400m: 7:17.80 54.80			

Event 1
19-01-2018 - 11:00
Women, 400m Freestyle
Master Esc E
Results

Rec Nac Esc E 5:03.00 GRILO Ana Paula NDCCO Mealhada 26-01-2014

Points: DSV Masters 16

Rank	Nome	YB	Clube	Tempo Final	RT	DSV	Pts Taça
1.	ROTHES Ines Maria	73	Fluvial Portuense	5:11.93		753	30,00
	50m: 36.36 36.36	150m: 1:52.94 38.88	250m: 3:12.65 40.23	350m: 4:32.94 40.28			
	100m: 1:14.06 37.70	200m: 2:32.42 39.48	300m: 3:52.66 40.01	400m: 5:11.93 38.99			
2.	BRANDAO Maria Teresa	69	Fluvial Portuense	5:31.96	+0,98	625	26,00
	50m: 37.22 37.22	150m: 1:59.80 41.77	250m: 3:24.29 42.42	350m: 4:50.10 42.83			
	100m: 1:18.03 40.81	200m: 2:41.87 42.07	300m: 4:07.27 42.98	400m: 5:31.96 41.86			
3.	BLANCO Catarina Araujo	71	Fluvial Portuense	6:20.50	+1,20	415	22,00
	50m: 45.10 45.10	150m: 2:23.20 49.30	250m: 4:00.20 47.80	350m: 5:35.90 47.90			
	100m: 1:33.90 48.80	200m: 3:12.40 49.20	300m: 4:48.00 47.80	400m: 6:20.50 44.60			
4.	FERREIRA Maria Manuela	70	Natacao da Maia	7:03.90	+1,10	300	20,00
	50m: 47.60 47.60	150m: 2:34.00 54.20	250m: 4:22.90 54.90	350m: 6:11.90 53.80			
	100m: 1:39.80 52.20	200m: 3:28.00 54.00	300m: 5:18.10 55.20	400m: 7:03.90 52.00			
5.	SANTINHA Fernanda Maria	72	Masters de Almada	7:04.90	+1,30	298	19,00
	50m: 47.50 47.50	150m: 2:34.40 53.90	250m: 4:22.40 54.40	350m: 6:10.90 54.20			
	100m: 1:40.50 53.00	200m: 3:28.00 53.60	300m: 5:16.70 54.30	400m: 7:04.90 54.00			
6.	BARBARA Ana Bernardo	70	Portinado	7:21.29	+1,10	266	18,00
	50m: 44.88 44.88	150m:	250m:	350m:			
	100m: 1:38.95 54.07	200m:	300m:	400m: 7:21.29			

Event 1, Women, 400m Freestyle

Event 1 Women, 400m Freestyle Master Esc F
19-01-2018 - 11:00 Results

Rec Nac Esc F 5:26.05 KRAEVA Elena Nikolaevna ADRCIMM Tomar 29-01-2012

Points: DSV Masters 16

Rank	Nome	YB	Clube	Tempo Final	RT	DSV	Pts Taça
1.	FERREIRA Isabel Baptista	67	Colegio Monte Maior	5:27.64	+0,82	667	30,00
	50m: 36.45 36.45	150m: 1:58.70 41.51	250m: 3:22.43 42.08	350m: 4:46.35 42.37			
	100m: 1:17.19 40.74	200m: 2:40.35 41.65	300m: 4:03.98 41.55	400m: 5:27.64 41.29			
2.	MIRANDA Laura Manuela	67	Colegio Monte Maior	5:55.18	+0,98	524	26,00
	50m: 40.59 40.59	150m: 2:10.26 45.36	250m: 3:40.99 45.29	350m: 5:11.87 45.38			
	100m: 1:24.90 44.31	200m: 2:55.70 45.44	300m: 4:26.49 45.50	400m: 5:55.18 43.31			
3.	GONCALVES Maria Fernanda	66	Porto	6:00.65	+1,04	500	22,00
	50m: 39.26 39.26	150m: 2:08.30 45.13	250m: 3:40.37 46.03	350m: 5:13.83 47.27			
	100m: 1:23.17 43.91	200m: 2:54.34 46.04	300m: 4:26.56 46.19	400m: 6:00.65 46.82			
4.	CARVALHO Helena Paula	64	Sporting	6:22.30	+1,00	420	20,00
	50m: 43.70 43.70	150m: 2:19.30 48.30	250m: 3:57.60 49.70	350m: 5:35.30 48.70			
	100m: 1:31.00 47.30	200m: 3:07.90 48.60	300m: 4:46.60 49.00	400m: 6:22.30 47.00			
5.	TABORDA Maria Joao	67	Porto	6:38.70	+1,10	370	19,00
	50m: 44.50 44.50	150m: 2:23.50 50.10	250m: 4:04.70 50.90	350m: 5:48.60 51.20			
	100m: 1:33.40 48.90	200m: 3:13.80 50.30	300m: 4:57.40 52.70	400m: 6:38.70 50.10			
6.	GRAHAM Muriel	65	Fluvial Portuense	7:21.80	+1,50	272	18,00
	50m: 49.40 49.40	150m: 2:43.00 59.60	250m: 4:34.80 55.00	350m: 6:26.70 55.40			
	100m: 1:43.40 54.00	200m: 3:39.80 56.80	300m: 5:31.30 56.50	400m: 7:21.80 55.10			

Event 1 Women, 400m Freestyle Master Esc G
19-01-2018 - 11:00 Results

Rec Nac Esc G 5:32.63 KRAEVA Elena Nikolaevna ADRCIMM Tomar 31-01-2016

Points: DSV Masters 16

Rank	Nome	YB	Clube	Tempo Final	RT	DSV	Pts Taça
1.	KRAEVA Elena Nikolaevna	61	Colegio Monte Maior	5:36.15	+0,95	675	30,00
	50m: 38.92 38.92	150m: 2:03.99 43.15	250m: 3:30.29 43.07	350m: 4:55.50 42.39			
	100m: 1:20.84 41.92	200m: 2:47.22 43.23	300m: 4:13.11 42.82	400m: 5:36.15 40.65			
2.	FERNANDES Maria Santos	62	Leixoes	7:06.90	+1,10	329	26,00
	50m: 47.60 47.60	150m: 2:33.70 54.00	250m: 4:22.60 55.10	350m: 6:13.50 54.90			
	100m: 1:39.70 52.10	200m: 3:27.50 53.80	300m: 5:18.60 56.00	400m: 7:06.90 53.40			
3.	NETO Maria Manuela	62	Natacao da Maia	7:27.70		285	22,00
	50m: 48.50 48.50	150m: 2:41.00 57.70	250m: 4:36.10 58.40	350m: 6:32.40 57.50			
	100m: 1:43.30 54.80	200m: 3:37.70 56.70	300m: 5:34.90 58.80	400m: 7:27.70 55.30			
4.	CAEIRO Ana Maria	59	Amigos Natacao	7:55.40	+1,10	238	20,00
	50m: 52.50 52.50	150m: 2:50.90 1:00.50	250m: 4:53.70 1:01.80	350m: 6:55.10 1:00.40			
	100m: 1:50.40 57.90	200m: 3:51.90 1:01.00	300m: 5:54.70 1:01.00	400m: 7:55.40 1:00.30			
5.	KIND Anette	61	Leixoes	8:03.70	+1,10	226	19,00
	50m: 49.00 49.00	150m: 2:49.70 1:01.30	250m: 4:55.40 1:03.20	350m: 7:03.60 1:03.80			
	100m: 1:48.40 59.40	200m: 3:52.20 1:02.50	300m: 5:59.80 1:04.40	400m: 8:03.70 1:00.10			

Event 1, Women, 400m Freestyle

Event 1
19-01-2018 - 11:00
Women, 400m Freestyle
Master Esc H
Results

Rec Nac Esc H 6:01.46 FERREIRA Ana Maria SAD Tomar 29-01-2012

Points: DSV Masters 16

Rank	Nome	YB	Clube	Tempo Final	RT	DSV	Pts Taça
1.	OLIVEIRA Maria Teresa	57	Academica de Coimbra	7:21.70	+1,50	498	30,00
	50m: 49.20 49.20	150m: 2:39.50 56.20	250m: 4:34.30 56.80	350m: 6:27.10 56.10			
	100m: 1:43.30 54.10	200m: 3:37.50 58.00	300m: 5:31.00 56.70	400m: 7:21.70 54.60			
2.	MARCHAT Françoise	58	Cergy Pontoise	7:53.70	+1,20	403	-
	50m: 51.80 51.80	150m: 2:47.90 59.40	250m: 4:49.90 1:01.30	350m: 6:53.40 1:02.40			
	100m: 1:48.50 56.70	200m: 3:48.60 1:00.70	300m: 5:51.00 1:01.10	400m: 7:53.70 1:00.30			
3.	FERREIRA Maria Felix	54	Alges	8:56.90	+1,00	277	26,00
	50m: 59.30 59.30	150m: 3:13.80 1:09.90	250m: 5:35.00 1:10.90	350m: 7:50.40 1:07.20			
	100m: 2:03.90 1:04.60	200m: 4:24.10 1:10.30	300m: 6:43.20 1:08.20	400m: 8:56.90 1:06.50			

Event 1
19-01-2018 - 11:00
Women, 400m Freestyle
Master Esc J
Results

Rec Nac Esc J 7:29.71 BASTO Luisa Bessone SAD Badajoz (ESP) 11-11-2017

Points: DSV Masters 16

Rank	Nome	YB	Clube	Tempo Final	RT	DSV	Pts Taça
1.	BASTO Luisa Bessone	44	Alges	7:17.80	+1,20	652	30,00
	<i>Rec Nacional Esc J</i>						
	50m: 45.10 45.10	150m: 2:34.60 56.20	250m: 4:28.50 57.20	350m: 6:22.40 56.70			
	100m: 1:38.40 53.30	200m: 3:31.30 56.70	300m: 5:25.70 57.20	400m: 7:17.80 55.40			
2.	GACHET Marie-Pierre	47	Club Des Nageurs De Paris	7:58.70	+1,30	499	-
	50m: 52.60 52.60	150m: 2:51.50 59.90	250m: 4:52.60 1:01.10	350m: 6:56.30 1:02.30			
	100m: 1:51.60 59.00	200m: 3:51.50 1:00.00	300m: 5:54.00 1:01.40	400m: 7:58.70 1:02.40			